Empower the next generation of changemakers. Volunteers work with youth in communities on projects that promote engagement and active citizenship, including gender awareness, employability, health and HIV/AIDS education, environmental awareness, sporting programs, and info technology.

If you choose Youth in Development, take three courses from one of the following areas:

- Social Work
- Counseling
- Community Development
- Developmental Psychology
- Human Development
- Family Studies

Recommended courses:

- NSC 101 - Introduction to Human Nutrition
- NSC 150C1 - Sustainable Nutrition and Food Systems
- NSC 170C1 - Nutrition, Food and You
- FCSC 301 - Applying Critical Thinking to Discourse in Family & Consumer Sciences Orgs
- FCSC 302 - Family and Consumer Personal Finance
- NSC 311 - A Systems Approach to Obesity Prevention
- NSC 353 - Fundamentals of Food Science & Safety
- AREC 360 - The Poverty and Development of Nations
- FCSC 418 - Program Evaluation for Children and Youth
- FCSC 431 - Primate Sexuality
- NSC 444 - Community Nutrition
- FCSC 496A - Understanding Youth Development: An Applied Approach
- NSC 497F - Community and School Garden Workshop

And build 50 hours of related field experience through an activity such as:

- Teaching or counseling in at-risk youth programs
- Activities that involve planning, organizing, assessing community needs, counseling, and leadership, in areas such as education, youth development, health and HIV/AIDS, the environment, and/or business