#2 Health

Serve on the front lines of global health. Health Volunteers work within their communities to promote important topics such as nutrition, maternal and child health, basic hygiene, and water sanitation. Volunteers also work in HIV/AIDS education and prevention programs to train youth as peer educators, develop appropriate education strategies, provide support to children orphaned by the pandemic, and create programs that provide emotional and financial support to families and communities affected by the disease.

If you choose Health, take three courses from one of the following areas:

- Nursing
- Nutrition or Dietetics
- Health Education
- Pre-med
- Biology
- Technical Education
- Environmental or Sanitary Engineering

Recommended courses:

- Nursing
  NURS 350 – Pathophysiology
  NURS 356 - Foundations in Nursing Care
  NURS 368 - Nursing Care of the Childbearing Family
  NURS 379 - Scholarly Inquiry in Evidence-Based Practice
  NURS 471 - Mental Health Nursing

- Nutrition or Dietetics
  NSC 101 - Introduction to Human Nutrition
  NSC 150C1 - Sustainable Nutrition and Food Systems
  NSC 170C1 - Nutrition, Food and You
  NSC 311 - A Systems Approach to Obesity Prevention
  NSC 353 - Fundamentals of Food Science & Safety

- Health Education
  HUSV 301 - Introduction to Human Services
  HUSV 357 - Managing Death and Loss in Human Services
  HUMS 372 - Intercultural Competence: Culture, Identity, Adaptation, and Intercultural Relations

- Pre-med
  ECOL 182R - Introductory Biology II
  ENVS 260 - Environmental Studies: Ideas and Institutions
  ECOL 335 - Evolutionary Biology

- Biology
  ECOL 182R - Introductory Biology II
  ENVS 260 - Environmental Studies: Ideas and Institutions
  ECOL 335 - Evolutionary Biology
  ECOL 406R - Conservation Biology

- Technical Education and Environmental or Sanitary Engineering
ENVS 210 - Fundamentals of Environmental Science and Sustainability
ENVS 260 - Environmental Studies: Ideas and Institutions
ENVS 305 - Pollution Science
AREC 373 - Environmental Economics
ECOL 406R - Conservation Biology
AGTM 422 - Communicating Knowledge in Agriculture and the Life Sciences

And build 50 hours of related field experience through an activity such as:

- Volunteer or work experience in such areas as HIV/AIDS outreach, hospice, family planning counseling, emergency medical technician (EMT) or CPR teaching/certification, maternal health, and hands-on caregiving in a hospital, clinic, or lab technician setting
- Counseling or teaching in health subjects
- Working as a resident advisor in a dormitory, as a peer nutritionist, or as a sexually transmitted infections counselor
- Significant experience in mechanical repairs, construction, carpentry, masonry, plumbing, hydrology, or set design