#2 Health

Serve on the front lines of global health. Health Volunteers work within their communities to promote important topics such as nutrition, maternal and child health, basic hygiene, and water sanitation. Volunteers also work in HIV/AIDS education and prevention programs to train youth as peer educators, develop appropriate education strategies, provide support to children orphaned by the pandemic, and create programs that provide emotional and financial support to families and communities affected by the disease.

If you choose Health, take any 3 courses within the following areas (the 3 do not have to be in same area of Health):

- Nursing
- Nutrition or Dietetics
- Health Education
- Pre-med
- Biology
- Technical Education
- Environmental or Sanitary Engineering

Recommended courses:

- **Nursing**
  - NURS 350 – Pathophysiology
  - NURS 356 - Foundations in Nursing Care
  - NURS 368 - Nursing Care of the Childbearing Family
  - NURS 379 - Scholarly Inquiry in Evidence-Based Practice
  - NURS 471 - Mental Health Nursing

- **Nutrition or Dietetics**
  - NSC 101 - Introduction to Human Nutrition
  - NSC 150C1 - Sustainable Nutrition and Food Systems
  - NSC 170C1 - Nutrition, Food and You
  - NSC 311 - A Systems Approach to Obesity Prevention
  - NSC 353 - Fundamentals of Food Science & Safety

- **Health Education**
  - HUSV 301 - Introduction to Human Services
  - HUSV 357 - Managing Death and Loss in Human Services
  - HUMS 372 - Intercultural Competence: Culture, Identity, Adaptation, and Intercultural Relations

- **Pre-med**
  - ECOL 182R - Introductory Biology II
  - ENVS 260 - Environmental Studies: Ideas and Institutions
  - ECOL 335 - Evolutionary Biology

- **Biology**
  - ECOL 182R - Introductory Biology II
  - ENVS 260 - Environmental Studies: Ideas and Institutions
  - ECOL 335 - Evolutionary Biology
ECOL 406R - Conservation Biology

- Technical Education and Environmental or Sanitary Engineering
  ENVS 210 - Fundamentals of Environmental Science and Sustainability
  ENVS 260 - Environmental Studies: Ideas and Institutions
  ENVS 305 - Pollution Science
  AREC 373 - Environmental Economics
  ECOL 406R - Conservation Biology
  AGTM 422 - Communicating Knowledge in Agriculture and the Life Sciences

And build 50 hours of related field experience through an activity such as:

- Volunteer or work experience in such areas as HIV/AIDS outreach, hospice, family planning counseling, emergency medical technician (EMT) or CPR teaching/certification, maternal health, and hands-on caregiving in a hospital, clinic, or lab technician setting
- Counseling or teaching in health subjects
- Working as a resident advisor in a dormitory, as a peer nutritionist, or as a sexually transmitted infections counselor
- Significant experience in mechanical repairs, construction, carpentry, masonry, plumbing, hydrology, or set design

**Peace Corps Tip!**

_Nearly two-thirds of Peace Corps Volunteers serve in Education or Health. Coursework and meaningful experience in one of these areas—especially teaching English as a second/foreign language—produce some of the strongest candidates._