

HEALTH



Serve on the front lines of global health. Health Volunteers work within their communities to promote important topics such as nutrition, maternal and child health, basic hygiene, and water sanitation. Volunteers also work in HIV/AIDS education and prevention programs to train youth as peer educators, develop appropriate education strategies, provide support to children orphaned by the pandemic, and create programs that provide emotional and financial support to families and communities affected by the disease.

If you choose Health, take three courses from one of the following areas:

- Nursing
- Nutrition or Dietetics
- Health Education
- Pre-med
- Biology
- Technical Education
- Environmental or Sanitary Engineering

Recommended courses:

Biology

ECOL 182R - Introductory Biology II
ENVS 260 - Environmental Studies: Ideas and Institutions
ECOL 335 - Evolutionary Biology
ECOL 406R - Conservation Biology

Health Education

HUSV 301 - Introduction to Human Services
HUSV 357 - Managing Death and Loss in Human Services
HUMS 372 - Intercultural Competence: Culture, Identity, Adaptation, and Intercultural Relations

Nursing

NURS 350 – Pathophysiology
NURS 356 - Foundations in Nursing Care
NURS 368 - Nursing Care of the Childbearing Family
NURS 379 - Scholarly Inquiry in Evidence-Based Practice
NURS 471 - Mental Health Nursing

Nutrition or Dietetics

NSC 101 - Introduction to Human Nutrition
NSC 150C1 - Sustainable Nutrition and Food Systems
NSC 170C1 - Nutrition, Food and You
NSC 311 - A Systems Approach to Obesity Prevention
NSC 353 - Fundamentals of Food Science & Safety

Pre-med

ECOL 182R - Introductory Biology II
ENVS 260 - Environmental Studies: Ideas and Institutions
ECOL 335 - Evolutionary Biology

Technical Education and Environmental or Sanitary Engineering

ENVS 210 - Fundamentals of Environmental Science and Sustainability
ENVS 260 - Environmental Studies: Ideas and Institutions
ENVS 305 - Pollution Science
AREC 373 - Environmental Economics
ECOL 406R - Conservation Biology
AGTM 422 - Communicating Knowledge in Agriculture and the Life Sciences

Please Note: These courses are only suggested courses, and to be used as a guideline of “types” of courses that will fulfill program requirements. Please contact the Prep Program Coordinator, peacecorpsprep@email.arizona.edu, for any specific questions regarding course selection.

And build 50 hours of related field experience through an activity such as:

- Volunteer or work experience in such areas as HIV/AIDS outreach, hospice, family planning counseling, emergency medical technician (EMT) or CPR teaching/certification, maternal health, and hands-on caregiving in a hospital, clinic, or lab technician setting
- Counseling or teaching in health subjects
- Working as a resident advisor in a dormitory, as a peer nutritionist, or as a sexually transmitted infections counselor
- Significant experience in mechanical repairs, construction, carpentry, masonry, plumbing, hydrology, or set design